

For Internal circulation only

Lipid Metabolism

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What is a Lipid?

- These are nonpolar organic compounds
- Generally insoluble to water, but soluble to nonpolar solvent like;
 - chloroform
 - acetone
 - ether
 - benzene
- It contains a carbonyl group (-COOH)

What are the functions of lipids?

- As membrane structural component.
- As intracellular storage depot of metabolic fuel.
- As transport form of metabolic fuel.
- As protective form of the cells of many bacteria, waxes on leaves of higher plants, exoskeleton of insects and the skin of vertebrates.
- As regulatory substances.
- As transport form of some neurotransmitters.
- As receptors in nerve ending membranes.
- As determinants of immunological specificity.
- Enzyme co-factors

Types of Lipids

□ The four main groups of lipids include:

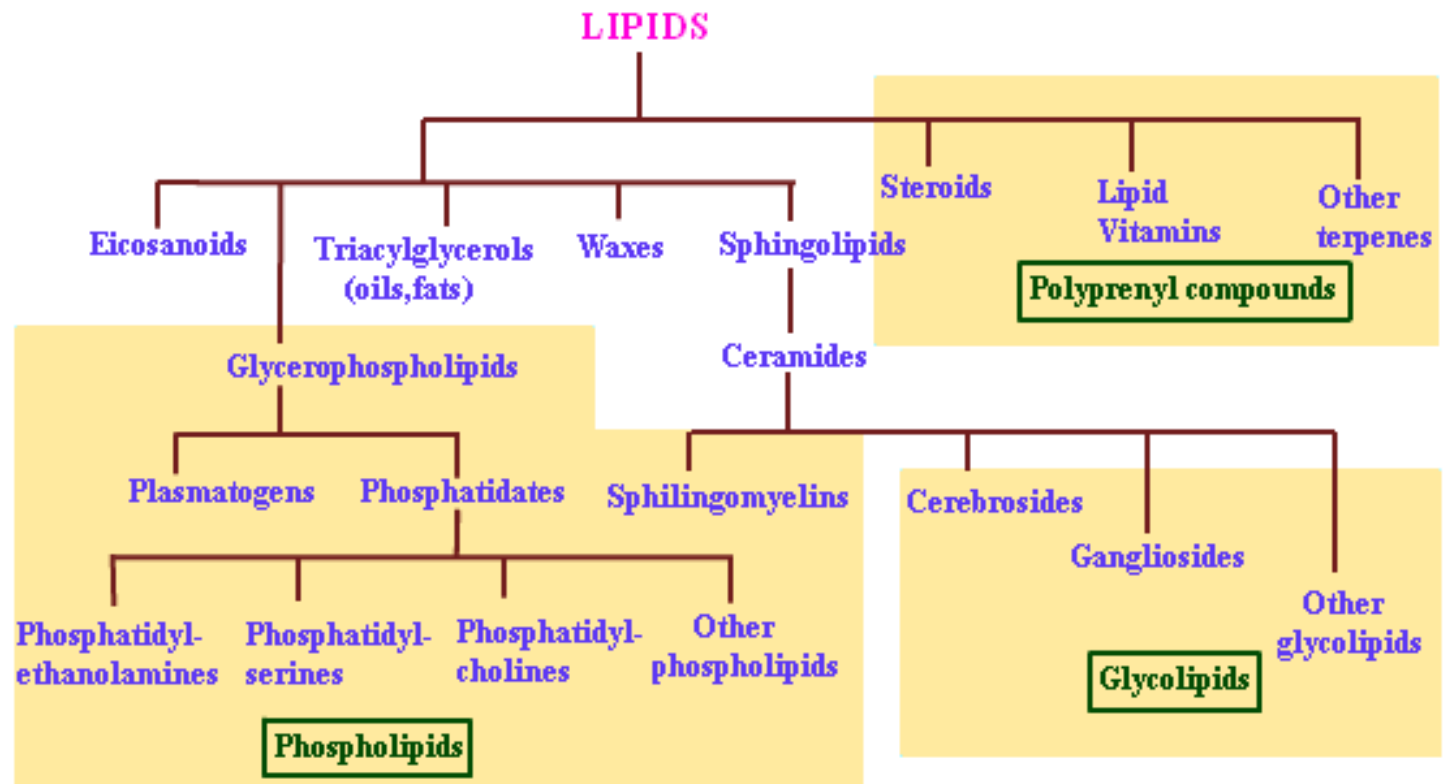
1. Fatty acids (saturated and unsaturated)
2. Glycerides (glycerol-containing lipids)
3. Nonglyceride lipids (sphingolipids, steroids, waxes)
4. Complex lipids (lipoproteins, glycolipids)

Different Types of Lipids

The classification of lipids can be structural based or based on their functions. **Mainly lipids are classified in five types.**

- Fatty acyl (FA)
- Glycerolipids (GL)
- Glycerophospholipids (GP)
- Sterol lipids (ST)
- Sphingolipids (SP)

The relation between different types of lipids is as follows.



Lipid Catabolism

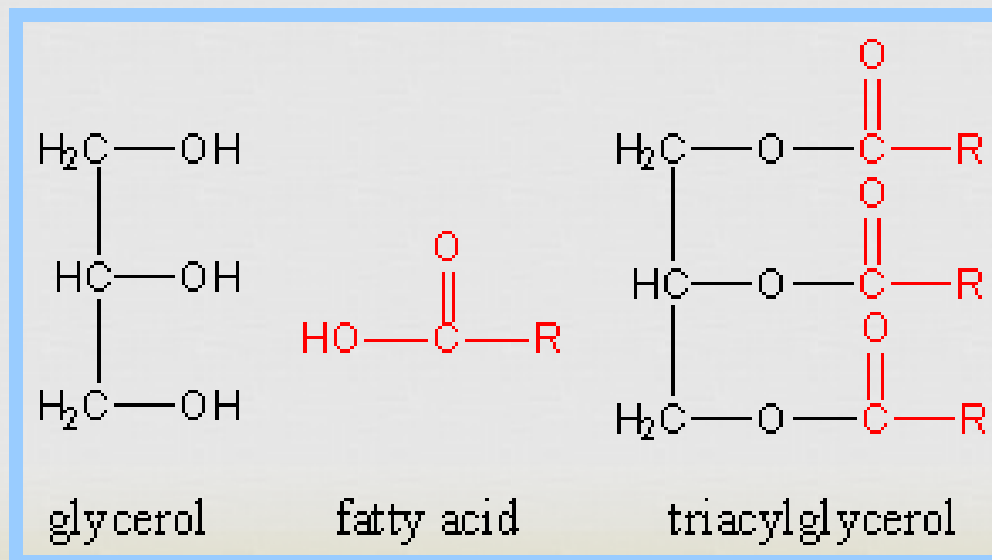
- **Catabolism** - refers to several reactions that produce energy
 - it is a breakdown of complex organic compounds into a simpler compounds.
- It is related to carbohydrate metabolism because the carbohydrates will turn into fats. The glycerol will participate is glycolysis.
- It is important process because the produced Fatty acids will participate in fatty acid oxidation.
- Energy is produced through a process called lipogenesis

1. Lipolysis

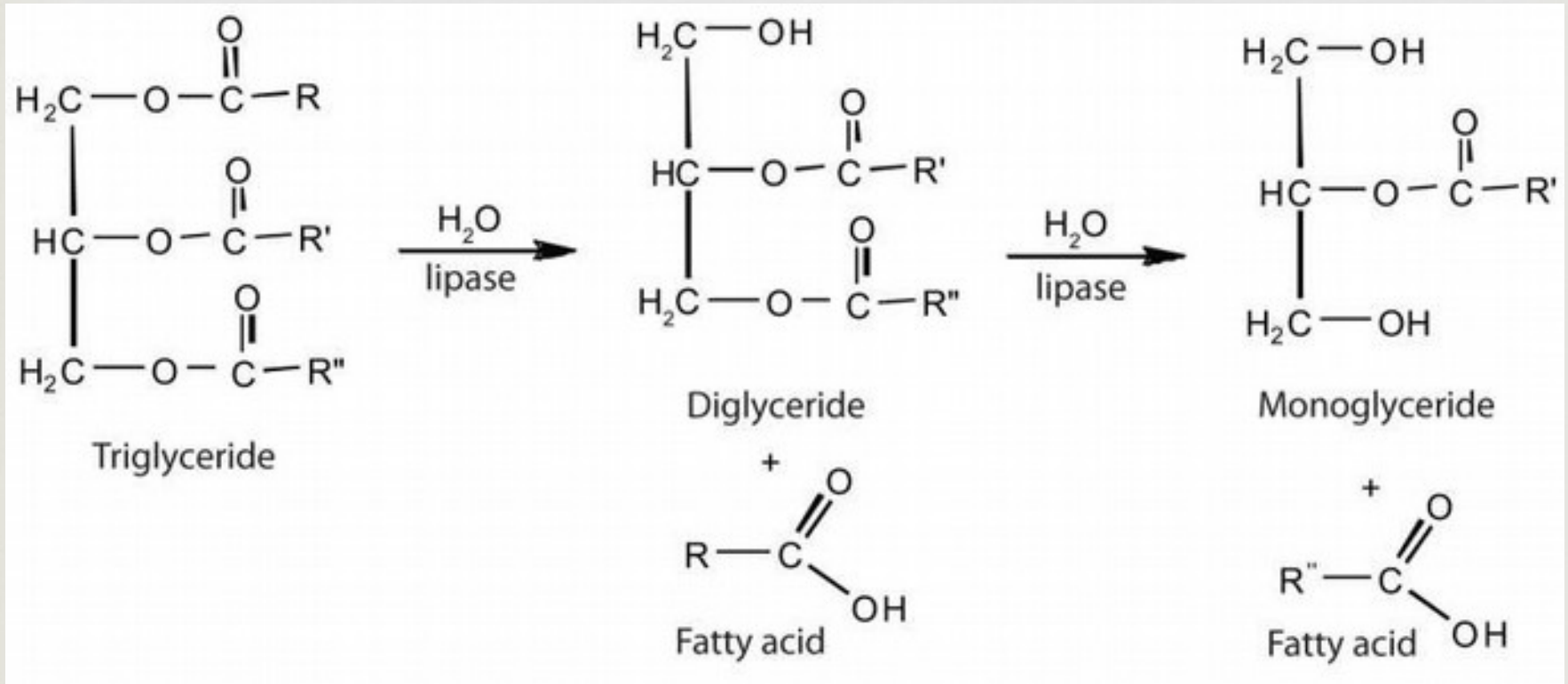
splitting of fat, stimulated by
: epinephrine, norepinephrine and cortisol

□ **Triacylglycerols** (triglycerides) are the most abundant dietary lipids

- Each triacylglycerol has a **glycerol** backbone to which are esterified **3 fatty acids**. Most triacylglycerols "mixed." The three fatty acids differ in chain length and number of double bonds

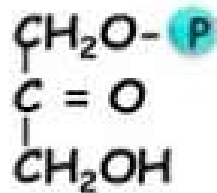


Stage 1. Lipid catabolism (Lipolysis)



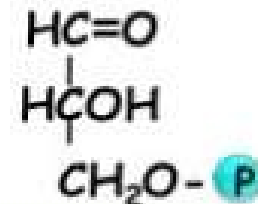
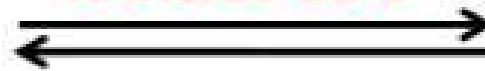
Lipases hydrolyze triacylglycerols, releasing one fatty acid at a time, producing diacylglycerols, and eventually glycerol. .

The end of the process 3 fatty acids and 1 glycerol.



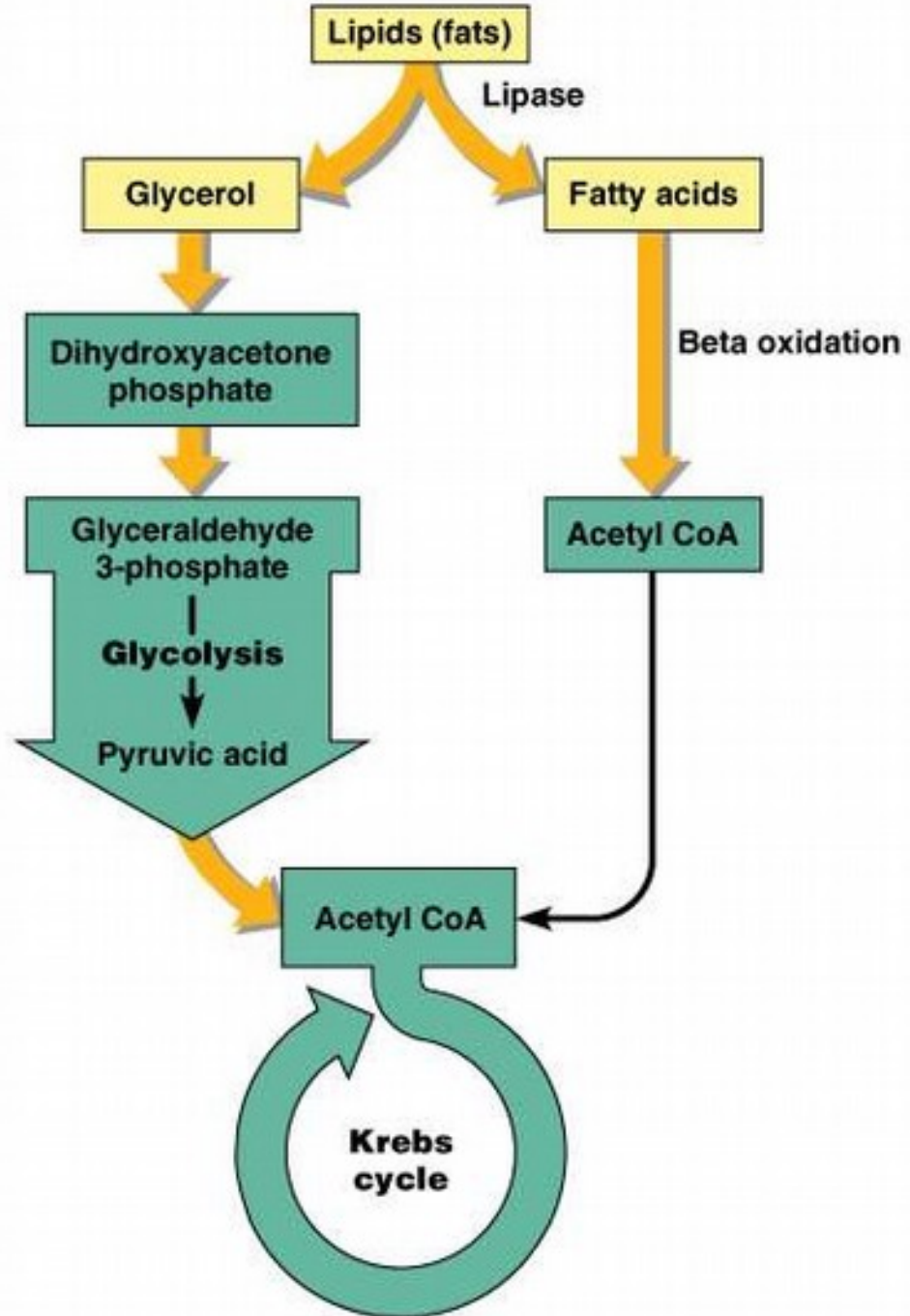
Dihydroxyacetone
phosphate

**Phosphotriose
isomerase**



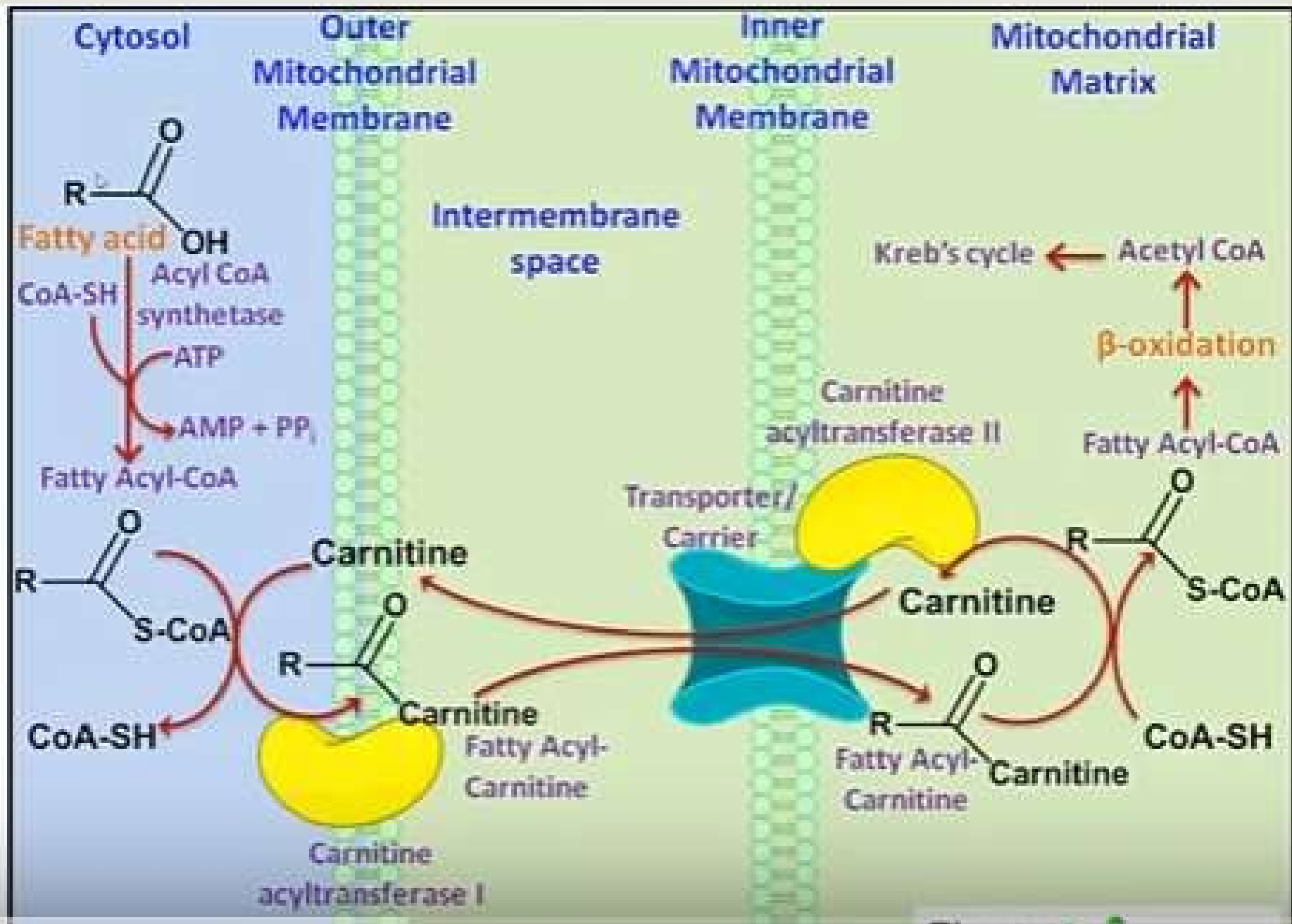
Glyceraldehyde
3-phosphate

- ⌘ Dihydroxyacetone phosphate is isomerised to glyceraldehyde 3-phosphate by the enzyme Phosphotriose isomerase.
- ⌘ In this reaction, 2 molecules of glyceraldehyde 3-phosphate are formed.
- ⌘ Glyceraldehyde 3-phosphate can also be synthesized from glycerol (fats) by phosphorylation.
- ⌘ This is reversible reaction.



Beta Fatty Acid Oxidation

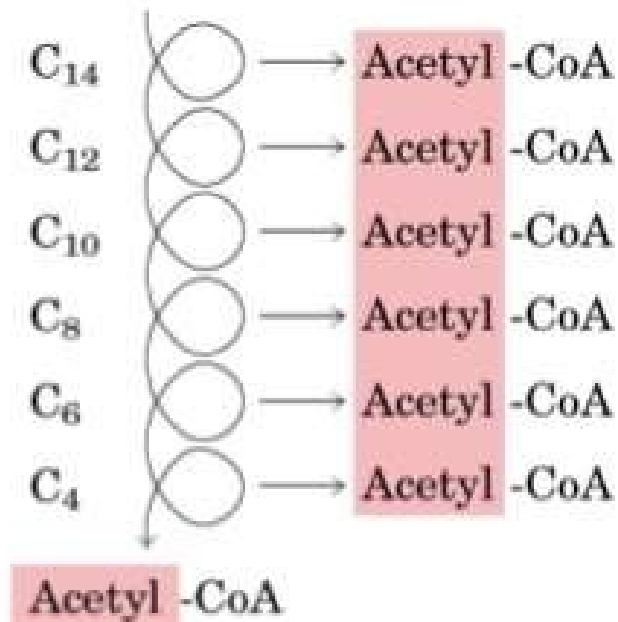
- The end product of each cycle is the **fatty acid** shorter by 2 carbons and acetyl CoA.
- The series of reactions is also **known as** the **beta-oxidation** pathway because the major reaction site is the **beta**-carbon or #3 carbon from the thioester carbon.
- Happens in the mitochondrial membrane
- The fatty acids must be activated and turned into acetyl CoA



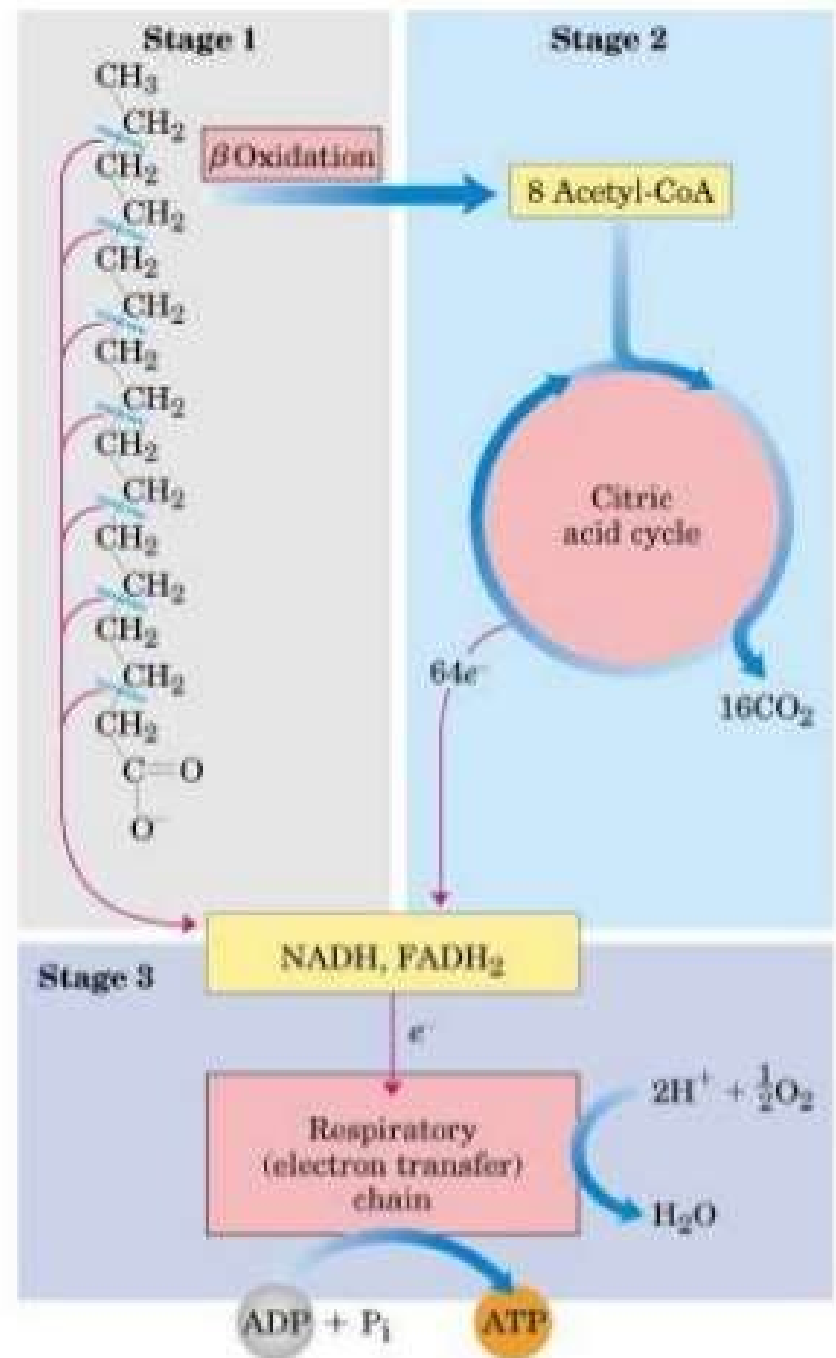
Activation and Transported to Mitochondria

- $\text{FA} + \text{CoA} + \text{ATP} \rightarrow \text{fatty acyl-CoA} + \text{AMP} + 2\text{P}_i$
- Coupled to the cleavage of ATP
- **AcylCoASynthetase**— a family of isozymes specific for short, medium and long chain FA that catalyze production of fatty acyl-CoA
- Transported through inner mitochondrial membrane via **carnitine**
 - uses specific acylcarnitine transporter

β -oxidation – first of three stages of fatty acid oxidation



(b)



4 Steps of β -oxidation

1. Dehydrogenation of the fatty acyl-CoA to make a trans double bond between α and β carbon.

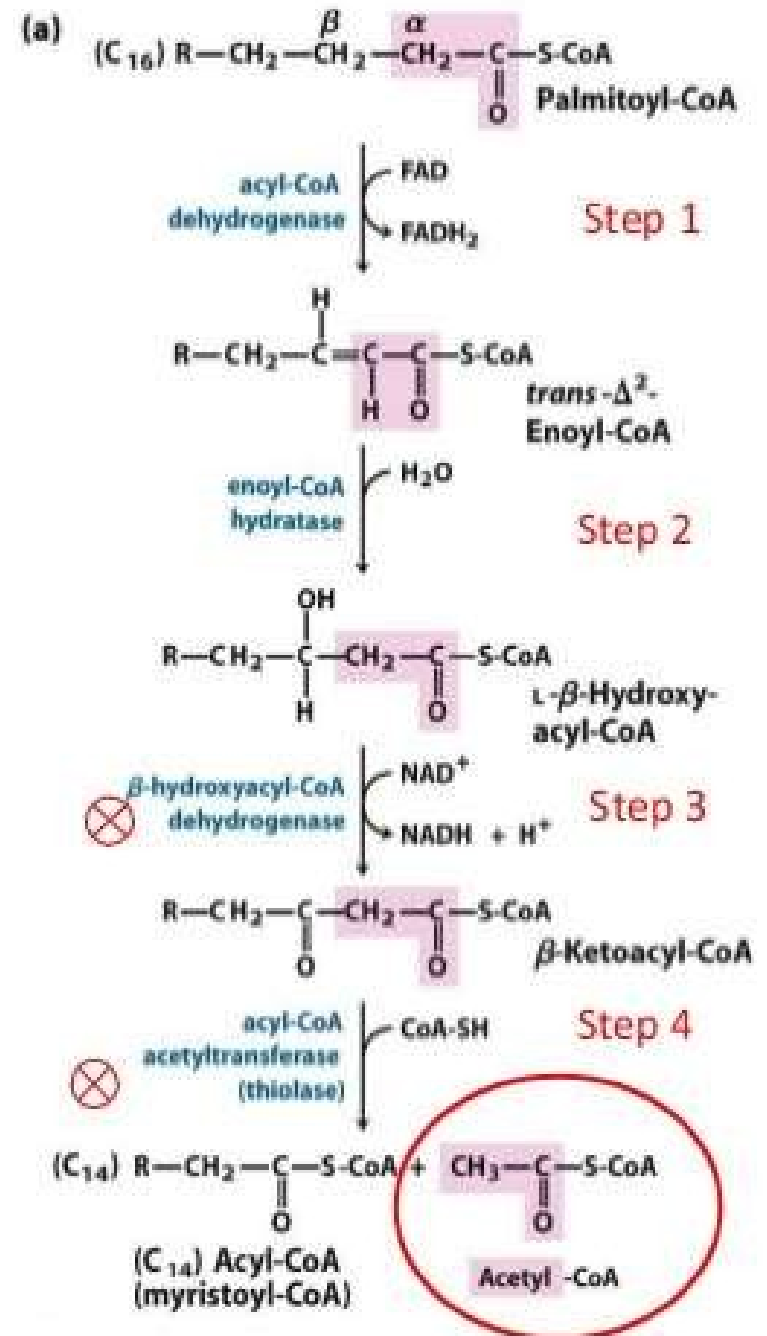
- Short, medium, and long chain acyl-CoA dehydrogenases
- e^- removed transferred to FAD

2. Hydration of the double bond

1. Dehydrogenation of the β -hydroxyl group to a ketone

- e^- removed transferred to NAD^+

1. Acylation – addition of CoA and production of acetyl-CoA



Energy Yield from β -Oxidation

- Yield of ATP per mole of stearic acid (C_{18}).

Step	Chemical Step	Happens	ATP
1	Activation (stearic acid \rightarrow stearyl CoA)	Once	-2
2	Oxidation (acyl CoA \rightarrow trans-enoyl CoA) produces $FADH_2$	8 times	16
4	Oxidation (hydroxy-acyl CoA to ketoacyl CoA) produces $NADH + H^+$	8 times	24
	Oxidation of acetyl CoA by the common metabolic pathway, etc.	9 times	108
	TOTAL		146